

# **ROADBOOK**

## **BORMIO - STELVIO - ALTA VALTELLINA**

The most exciting tours with commented maps

The exclusive services for cyclists by Hotel Palace

The 2015 bike events along the Alpine passes

PALACE HOTEL BORMIO  
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**BIKE SERVICES**

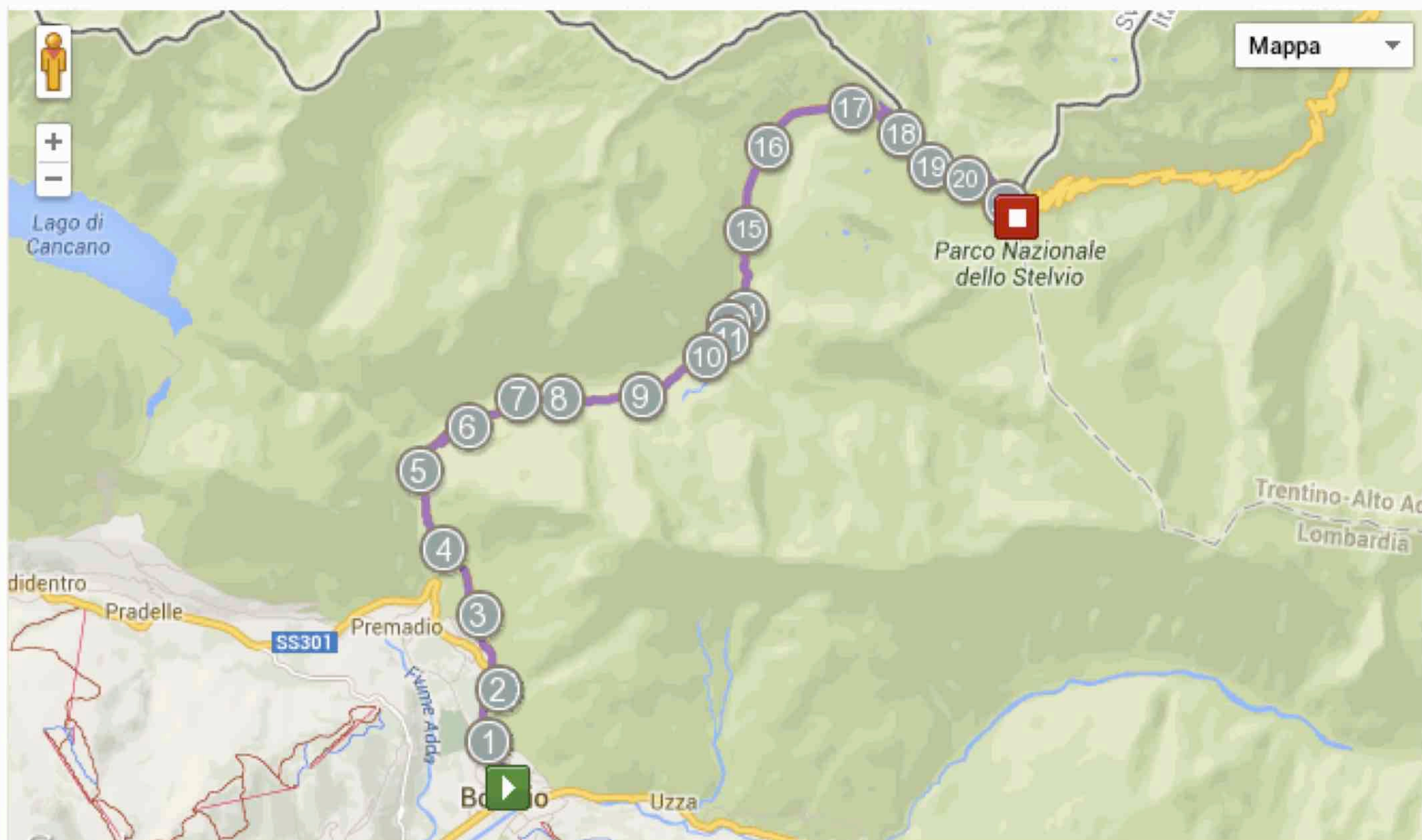
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**BIKE EVENTS 2015**

# PASSO STELVIO (from Bormio)

www.palacebormio.it

21,4 Km



## Bormio > Passo Stelvio

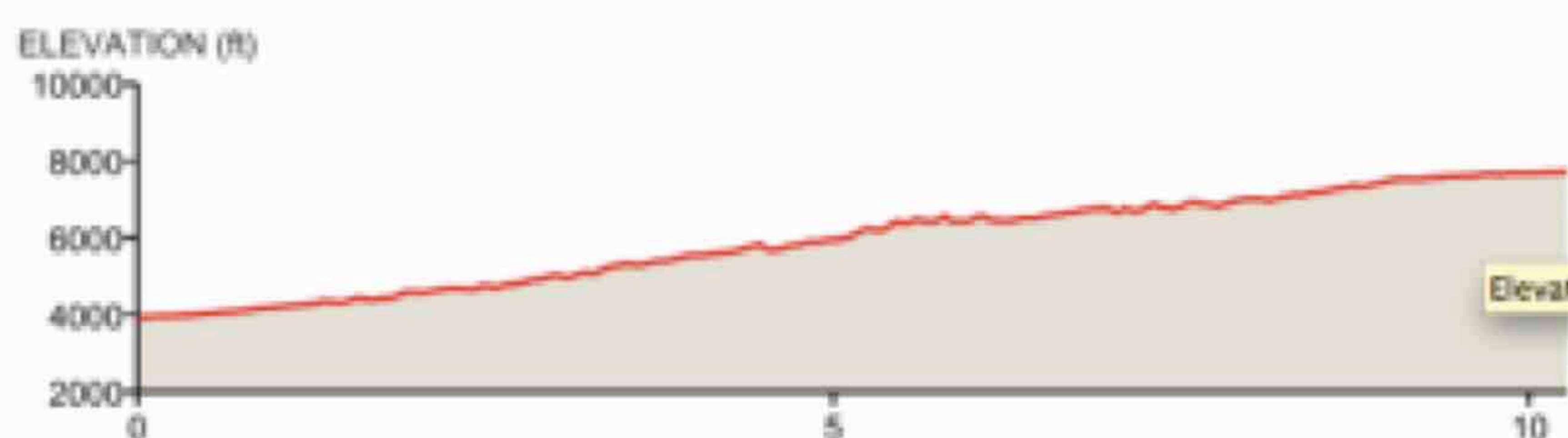
**Length:** 21,4 km

**Ascent:** 1517 m

**Max height:** 2763 m

**Difficulty:** medium/difficult

**Type:** paved



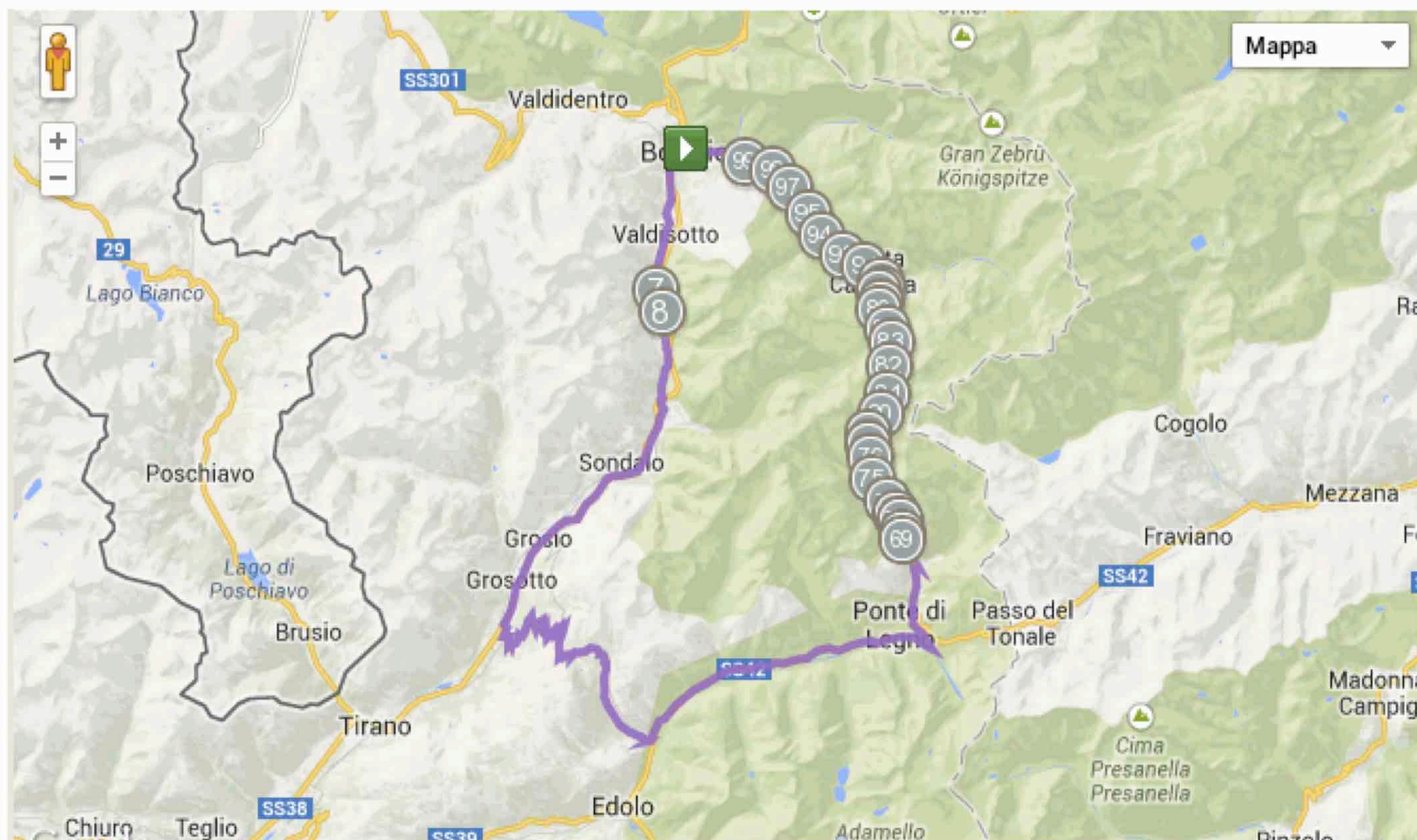
The route to Passo Stelvio from Bormio is one of the best known and most visited of the Alps. More than 30 bends, an average gradient of 7% (in a few places it reaches 14%) and particularly hard and tiring ways (e.g. the last 3 km before getting to the pass)

*Credits: immagini tratte da mapmyfitness.com*

# MORTIROLO / GAVIA (from Bormio)

www.palacebormio.it

102,66 Km



**Bormio > Passo Mortirolo > Ponte di Legno > Passo Gavia > Bormio**

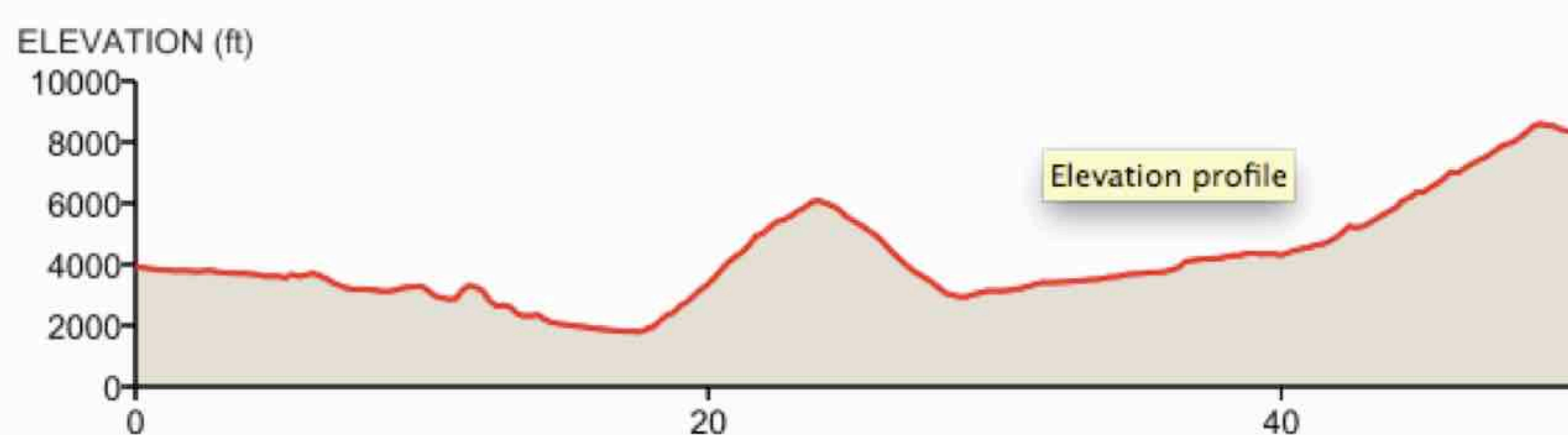
**Length:** 102,66 km

**Ascent:** 3172 m

**Max height:** 2620 m

**Difficulty:** difficult

**Type:** paved



This spectacular route starts and finishes in Bormio and is a challenge towards Passo Mortirolo and Passo Gavia. No doubts Mortirolo is the mountain pass with which all cyclists want to compete: 12,4 km, an ascent of 1300 m and a maximum gradient of 18%. That's a real challenge!

You will cycle along Passo Gavia from the most difficult side (the one from Brescia) but once you reach the top and go down to Santa Caterina and Bormio, it all becomes easier

*Credits: immagini tratte da mapmyfitness.com*

# PASSO BERNINA (from Bormio)

121,37 Km



## Bormio > Tirano > Passo del Bernina > Livigno > Bormio

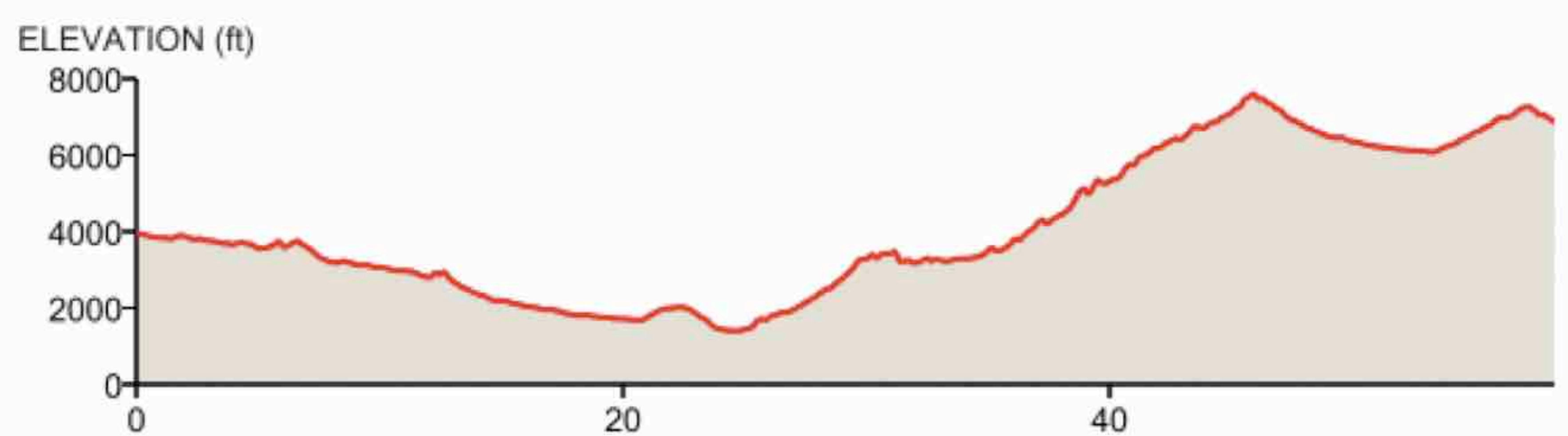
**Length:** 121 km

**Ascent:** 2502 m

**Max height:** 2320 m

**Difficulty:** medium/difficult

**Type:** paved

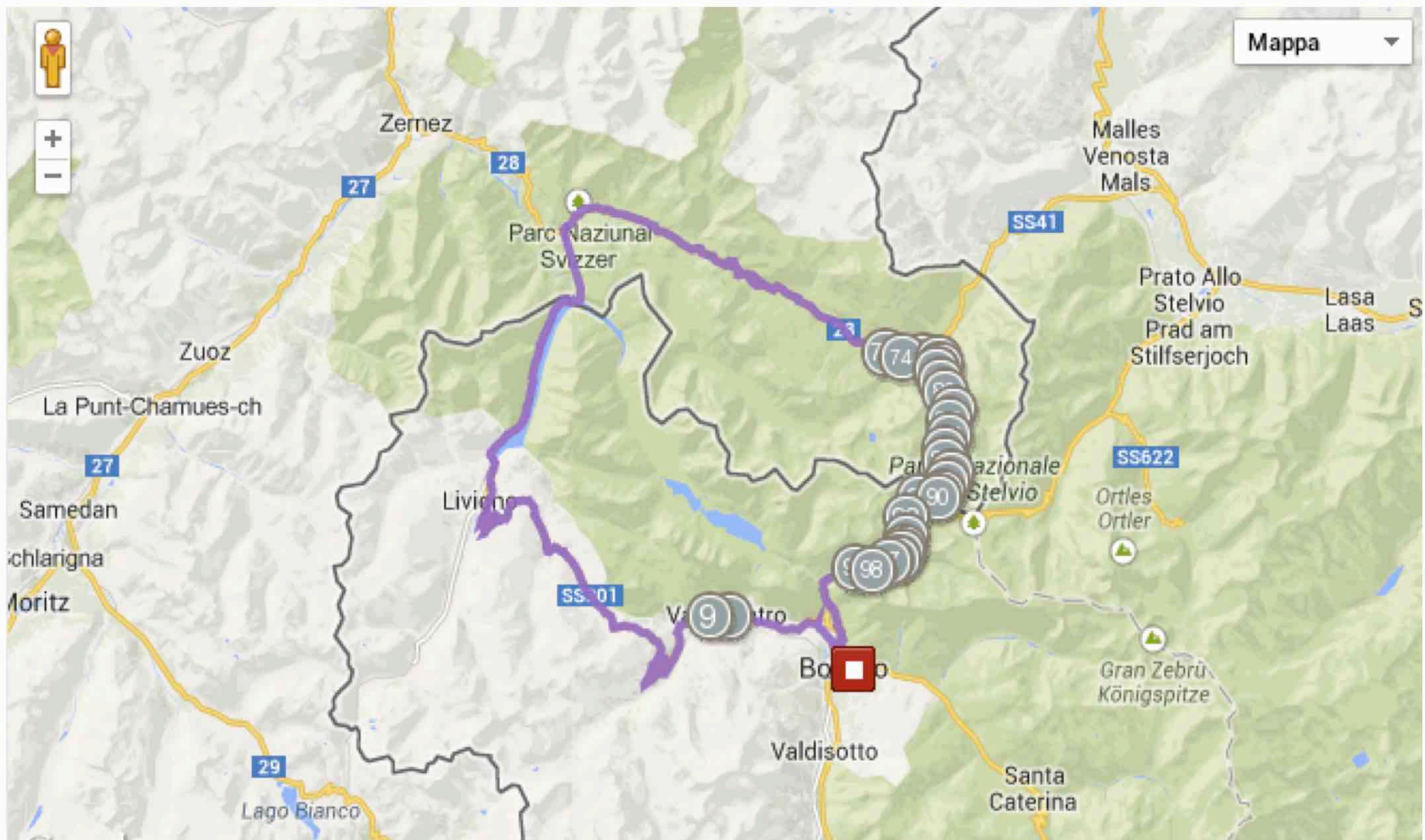


This is a particularly difficult and tiring route, especially from Tirano to Passo Bernina, via Lake Poschiavo. Going back to Bormio via Livigno, the popular duty-free area is easier and smoother.

*Credits: immagini tratte da mapmyfitness.com*

## UMBRAIL (from Bormio)

108,47 Km



**Bormio > Passo del Foscagno > Livigno > Passo del Forno > Passo Umbrail > Bormio**

**Length:** 108,47 km

**Ascent:** 2930 m

**Max height:** 2495 m

**Difficulty:** difficult

**Type:** paved and dirt path



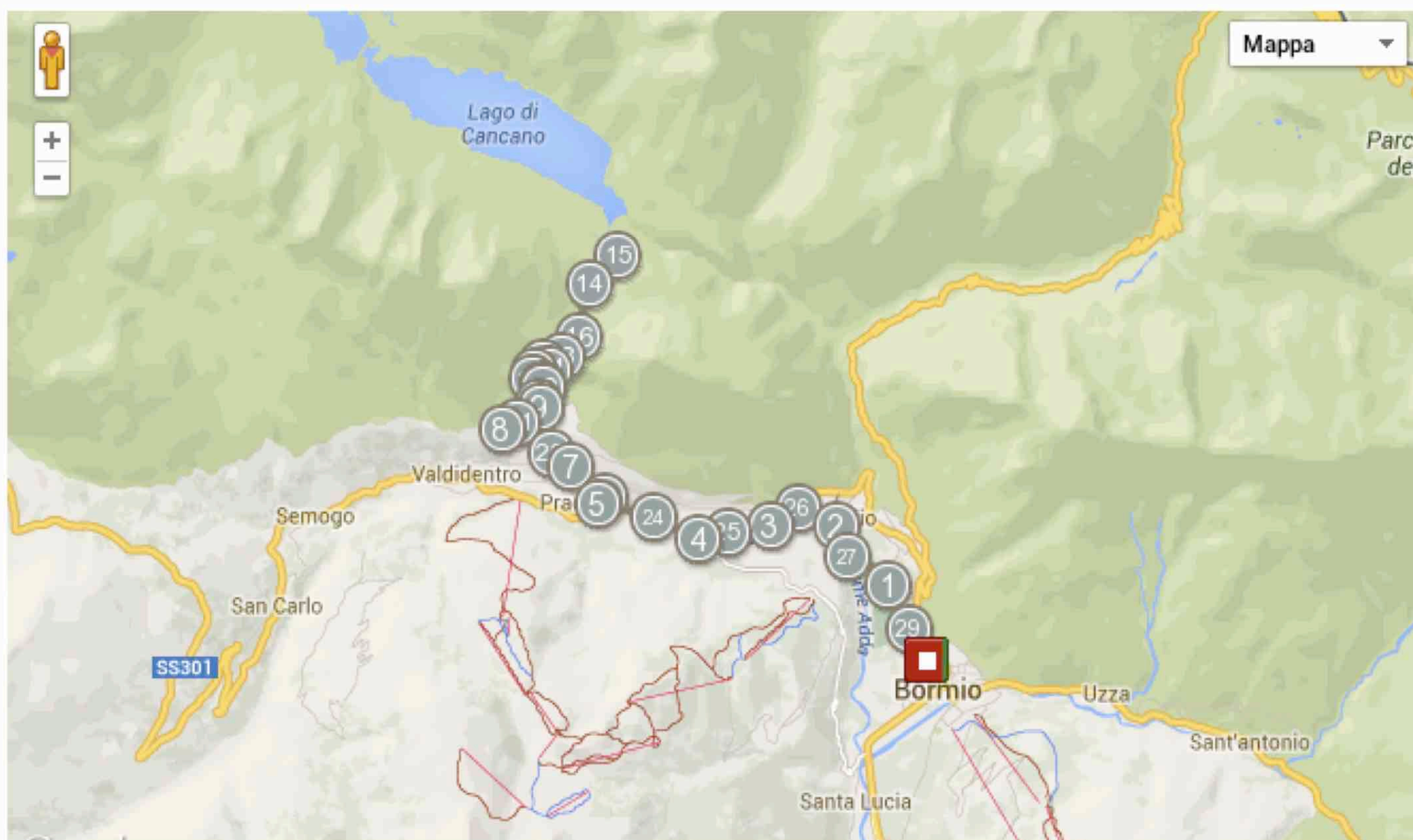
The route involves Livigno, the famous duty-free zone on the border with Switzerland and Passo Umbrail, the highest paved pass in Switzerland. To get to Switzerland you will use the La Drossa tunnel. Please, use the special shuttle service as cycling in the tunnel is forbidden. The climb to Passo del Forno is followed by the descent to Santa Maria, followed by the climb to Passo Umbrail and the descent to Bormio.

*Credits: immagini tratte da mapmyfitness.com*

# LAGHI DI CANCANO (from Bormio)

www.palacebormio.it

29,11 Km



## Bormio > Torre di Fraele > Laghi di Cancano

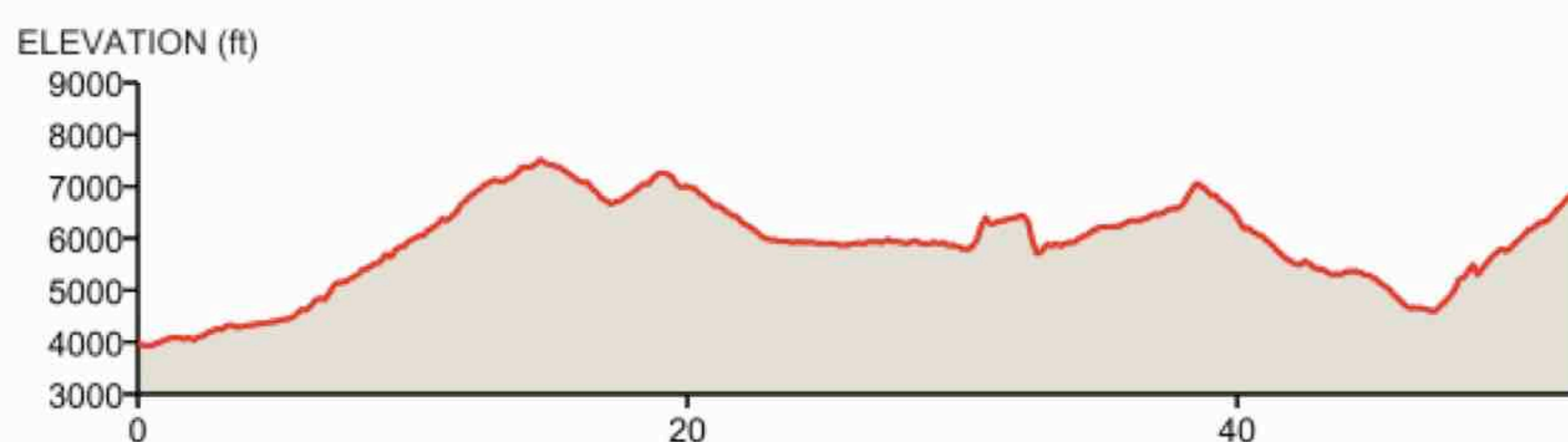
**Length:** 29,11 km

**Ascent:** 735 m

**Max height:** 1950 m

**Difficulty:** easy

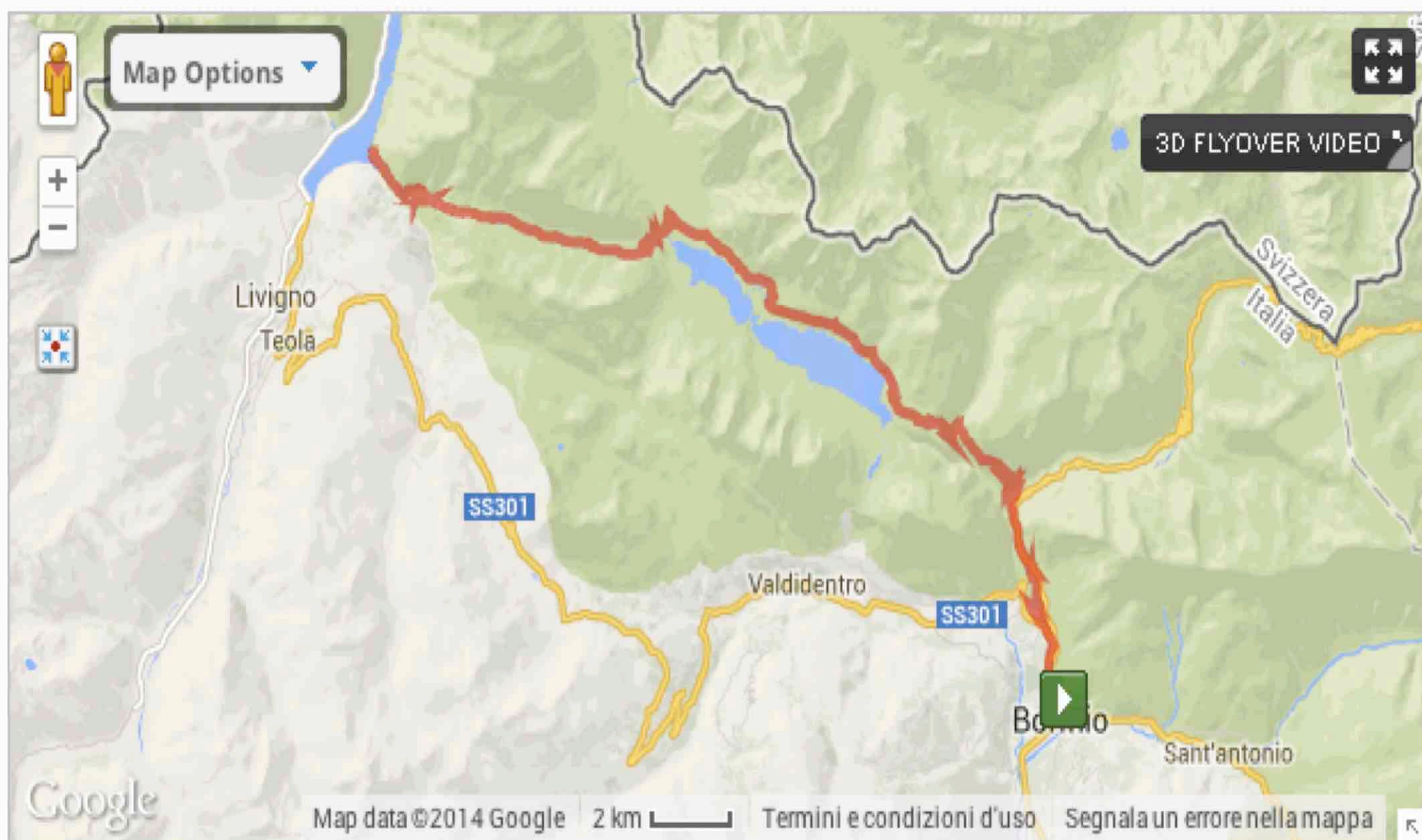
**Type:** paved and dirt path



This is a panoramic uphill climb with a series of bends that lead to Cancano lakes, just a few kilometers from Bormio.

*Credits: immagini tratte da mapmyfitness.com*

57,9 Km



## Bormio > Laghi di Cancano > Rifugio Alpisella

**Length:** 57,9 km

**Ascent:** 1100 m

**Max height:** 2303 m

**Difficulty:** medium

**Type:** paved and dirt path

Follow the Statale Stelvio road up to Bagni Nuovi. That's where you leave that road behind and follow the dirt path to Cancano lake. Leave it behind and reach the San Giacomo lake, at the end of it follow the dirt path up to the Alpisella hut.

*Credits: immagini tratte da mapmyfitness.com*



1

## **B2T SERVICE (BAG TO THE TOP)**

This is the service that saves you the trouble of bringing bags with you while cycling! You organize your bike tour to Stelvio, Gavia, Foscagno and Cancano while we'll bring your bags on top. This is how you'll save precious energy to reach your goal!

Available from Monday to Saturday.

2

## **ACCOMPANIED BIKE TOURS (ABT)**

Experience exciting trails along with an expert guide, reach the most famous mountain passes and enjoy the most characteristic streets of the Alps.

Available from Monday to Saturday.

### **PROGRAMME**

**Monday:** Stelvio loop (with a van)

**Tuesday:** Cancano

**Wednesday:** Mortirolo and Gavia (with a van)

**Thursday:** Mass ride (a night tour) to Cancano or Gavia

**Friday:** Teglio (with a van)

**Saturday:** Stelvio or Gavia

The programme may change.

3

## **NIGHT TRIP ( MR )**

This service is included in the ABT accompanied tour and is a night tour organized once a week together with a bike guide to experience cycling in a new way, surrounded by the most beautiful landscape at night. This service is also called MR (mass ride).

4

## SAFE GARAGE WITH CCTV AND MAINTAINANCE AREA

We offer a safe bike garage with CCTV where you can leave your bike. It is fully equipped to keep it in top condition, no matter if it's small repairs, maintenance or cleaning. We can also provide the professional assistance of our partners, shops where you can get repairs done at cheaper prices.

5

## CHANGING ROOM

Our changing room with CCTV is equipped with benches and lockers where you can leave your cycling wear and prepare for the trips.

6

## LAUNDRY SERVICE FOR CYCLING WEAR

To quickly wash and dry your cycling wear.

7

## CYCLIST'S MENU

We offer energy packed meals, from a super energetic breakfast before you leave, to a special menu for when you return. Furthermore, you'll enjoy the best local and international cuisine.

8

## BIKE RENTAL

Nothing is left to chance at Palace Hotel, Bormio: if you travel by plane or can't bring your bike with you, you can rent one at one of our partners' shop.

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## RELAX AND ENTERTAINMENT

Among the many comforts offered by Hotel Palace you'll have a fitness centre with technogym, a heated 20m x 10m indoor swimming pool and our 'Wellness & Beauty' centre with Jacuzzi, sauna, biosauna, revitalising shower and steam room. Furthermore you can use our tennis court too. At night, relax at our piano bar or lounge rooms.

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## MEDICAL ASSISTANCE AND PHYSIOTHERAPY

You can choose among the many massages by the expert physiotherapists at our Wellness & Beauty centre.

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## SHUTTLE BUS

A shuttle bus is available on request.

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## BIKE MANAGER

The Palace Hotel bike manager is available for information on routes. And if you need to leave your bike along the route we will pick it up as soon as possible providing immediate support.

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## INFORMATION AND CYCLING GUIDES

We offer expert professional guides to support you when organizing your trips and detailed technical information on the routes too. Our expert guides will help you use our online road books.

## **Granfondo Stelvio Santini - June 6/7**

One race and three routes – different according to length and difficulty – that all go up to Stelvio pass.

## **Golazo > Stelvio - June 11/14**

A charity race packed with many cyclists from Belgium.

## **Valtellina Extreme Brevet - June 20/21**

This is the hardest brevet in Europe, almost 500 km along the alpine passes Stelvio, Gavia, Mortirolo and Bernina.

## **Stelvio Challenge - June 23/26**

A charity race for passionate cyclists.

## **Mapei Day - Re Stelvio - July 12**

The traditional summer race in Bormio. Participants reach Stelvio pass by bike, with skiroll or running.

## **Alta Valtellina Bike Marathon - June 24/26**

8 lakes, 4 alpine passes and 12 valleys. These are the numbers of the marathon to discover Alta Valtellina.



## Palace Bike Contest Fondazione Contador – from September 7 to 13

Hotel Palace Bormio organizes, once again, a week of training, technique and fun. Cycle along the greatest alpine passes with the Under 23 Fondazione Contador team.



The Under 23 Fondazione Contador team



**PALACE  
HOTEL**

BORMIO



★★★★

WELLNESS & BEAUTY

